



The Rotary Club of Saxmundham & District

35<sup>TH</sup> HERITAGE COAST RUN/WALK – SUNDAY 30<sup>TH</sup> APRIL 2017

ON THE DAY REGISTRATION FORM

**GROUPS/FRIENDS CAN ALL GO ON THIS ONE FORM**

COMPLETION OPTIONAL for emergency contact or to be entered on our mailing list for the 2018 event.

Name:

Full address:

Post code:

Telephone number:

Email:

ALL ENTRANTS' NAMES:	Male or Female M/F	Walker or Runner W/R	Distance Enter 26,13 or 6 miles	Office Use Only	45 or over Runner (for 26 mile route) ✓	12 or under Runner (for 6 mile route) ✓	FEES DUE	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
							£	
(Cheques should be made payable to: The Rotary Club of Saxmundham & District)							TOTAL	£

	Start time – Runners	Start time – Walkers	Entrance fee
26 miles (Red Route)	09:15	08:00	£23
13 miles (Yellow Route)	09:30	09.50	adults £17, 12 & under £10
6 miles (Blue Route)	09:45	09.50	adults £13, 12 & under £6

By completing this form, you confirm on behalf of the above-named entrants their agreement to the disclaimer detailed below.

Participants are reminded that this event takes place over both public and privately owned land and the Rotary Club has no control over the suitability of the ground conditions either for walking or running and all participants are advised that they enter this event entirely at their own risk. Further the Rotary Club of Saxmundham & District accepts no responsibility whatever for death or personal injury to the participants, spectators or others, or for loss or damage to their property, howsoever caused.

**PLEASE NOTE: ALL COURSES WILL CLOSE AT 16:00**

OUR MAIN CHARITY IS:

