

Heritage Coast Run - 2016

Awards

Red Route 26 Miles			<i>Men</i>		<i>Ladies</i>	<i>Veterans</i>
	1st	40	Jason Taylor	2	Mary Narey	42 Trevor Wood
	2nd	55	Paul Reynolds	4	Karen Peck	
	3rd	54	Safraz Zuvalur	44	Amanda Dunn / Rachel Bodsworth	
Yellow Route 13 Miles			<i>Men</i>		<i>Ladies</i>	<i>Club</i>
	1st	214	Adam Howlett	282	Ellie Mayne	Fram Flyers
	2nd	274	Paul Dobson	182	Jane Nodder	
	3rd	227	Paul Rayner	153	Nicola Baker	
Blue Route 6 Miles	1st	617	Jim Last	576	Jack Weaver	